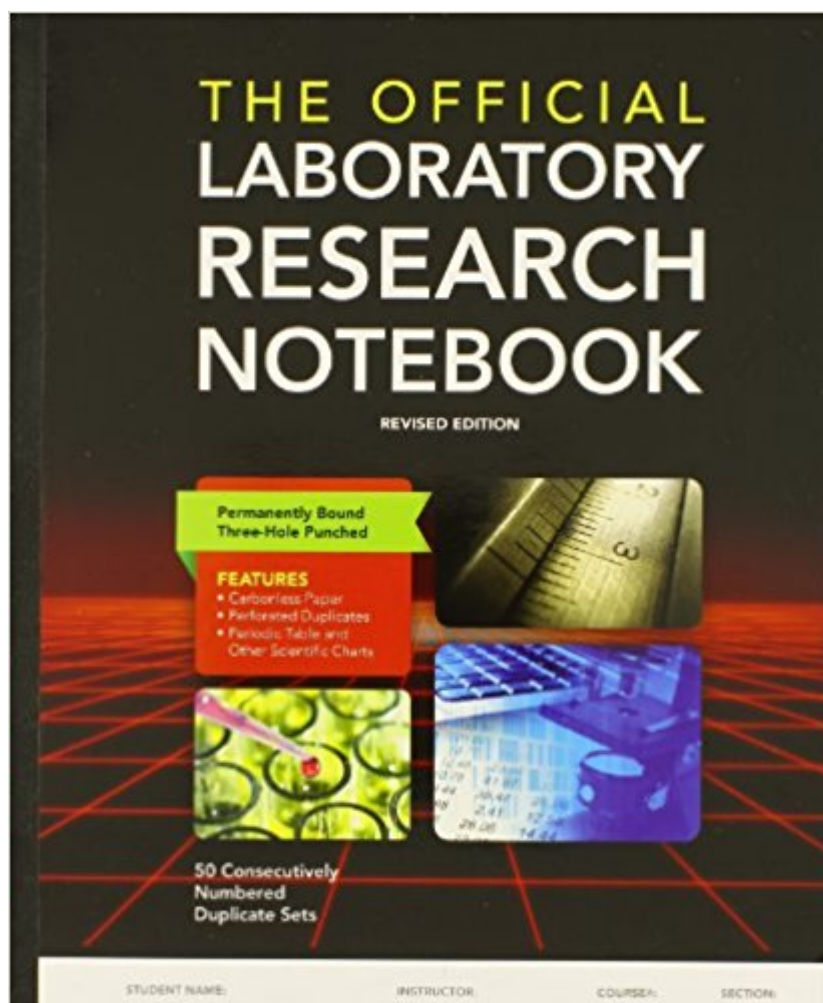


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# The Official Laboratory Research Notebook (50 Duplicate Sets)



## Synopsis

The Ideal Laboratory Notebook for Maintaining Accurate, Thorough Notes in Your Research Lab  
The Official Laboratory Research Notebook has been revised and updated to include information beneficial for both chemistry and biology courses. The notebook contains 50 consecutively numbered, carbonless duplicate pages, making it easy for students to tear out and submit their lab write-ups while still keeping an official copy. Each page is three-hole punched for notebook convenience. The Notebook contains: Sargent-Welch's Periodic Table of the Elements; Table on Concentrations of Reagents; Table of Useful Data Manipulations; New Table of Densities; Boiling Points of some common organic solvents; and Acid and Base Dissociation Constants

## Book Information

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## Customer Reviews

As a biochemistry PhD student (and biochemistry BS as well) I have taken more laboratory classes than I care to share. This was my first laboratory notebook and really helped me develop superb note-taking skills for one reason in particular. Each page in this notebook is backed by a carbon-copy sheet so that you can rip it out and hand in a copy. At the end of each experiment, my teacher would tell us to rip out the "copy" page for his records. He did this so that when we handed in the notebook at the end of the semester he could ensure that we didn't add or change anything in the notebook because he had his copy to reference. Although at the time I hated it, I actually thank that professor now for teaching me to take copious notes WHILE PERFORMING AN EXPERIMENT. I cannot stress the importance of doing this and I think this notebook is ideal for an

up-and-coming scientist who wants to learn to hone their observatory skills. I would recommend anybody teaching a laboratory class to force their students to hand in the carbon copy as my professor did.

Have already gone through several of these. Very pricey but handy!

As advertised.

As a college undergraduate you can fit at least two one-semester lab courses in here. I used mine for general chemistry (two semesters) and then still had room to use it for microbiology research for an additional semester.

Overall this is a notebook that is specifically designed for a laboratory work (as stated in its name). The pages and its copies are numbered. Graphing sheet paper is used. The margins are decent as well as the header. The spine of both of mine started coming apart after 2 semesters of use, but it did sustain some hard handling. The one thing that is lacking is the ability to tear out originals and copies well. The carbon copy is hard to tear out evenly, while the original is not possible without scissors. I know that originals are supposed to be kept in place, but each professor has his/her own demands.

The paper is better than the college bookstore lab notebooks and since, the duplicate is white, the writing is easier to read. I love how it is bound and not spiral-no chance of it getting wet. The only downside is that the periodic table is only in black and white, but the additional information on it is very useful. The 3-hole punched papers make it easier for me to bring along, instead of lugging along a large lab notebook. Overall, I am satisfied with my purchase.

It was exactly what the instructor had required. I only used half of this book for general chemistry part 2. So if you think you may need a notebook for multiple chem labs, this one may get you through two.

I chose to buy this online because it was a lot cheaper than in stores and on other sites. It was approved by my professor and i liked it over the other ones students were using.

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